

# 世界武术学院

# 太极武术功夫



Bringing the benefits of wushu to the world.

WORLD MARTIAL ARTS ACADEMY

## Wushu News

### Aric Wiseman brings home Gold



*Aric Wiseman proudly displays his medals.*

At the Desert Dragon 2007 International Martial Arts Championships, in Albuquerque New Mexico, WMAA student Aric Wiseman excelled in his events.

He took 1st place in short weapons with his straight sword routine, 1st in long weapons with his spear routine and 1st in empty hand with his long fist routine. The were all in the teen intermediate division.

For flexible weapons Aric agreed to compete in the Adult advanced division to have some competition. He ended up winning 1st place in that as well, for his chain whip routine. This earned him a spot to compete for flexible weapon grand champion.

Aric put on a good show but unfortunately came in second for flexible weapon Grand Champion. After having competed and demoed the chain whip multiple times over the course of the weekend luck was not with him for the final performance.

All in all it was a stellar performance and we want everyone to congratulate Aric and wish him the best for his next tournament in Berkeley at the 15th Annual UC Berkeley Chinese Martial Arts Tournament on Sat. March 24th.

### Chinese Culture Week

Every year around the Lunar New Year the Phoenix Asian Chamber of Commerce hosts a week long event to celebrate this festive occasion. This always culminates with fair at the COFCO center, just off the 202 on 44th street North of Van Buren. Starting Friday night there are booths for vendors of food and products and performances on the stage of local and international artists. Singing, dancing, music and martial arts are all performed.

If you have the opportunity go down there and celebrate the year of the boar, you should go. There are always lots of things to do, see and eat. They can always use martial arts performers as well, so don't be shy if you want to perform. Look for Kenny Perez or Joe Eager if you don't see someone you know.



*Sifu Sean demonstrates Bagua at Desert Dragon 2007 in Albuquerque, NM.*

### Performance

This is the time of year when we most get asked to perform. Lion Dances and Martial Arts demonstrations can be a great way to build confidence and set goals. Also performance give you insights into your forms and yourself. You are outside your comfort zone inside the school and have to contend with issues of space and direction. Martial Arts is about challenging yourself and going beyond what you thought possible. What better way to test that than in front of hundreds of spectators.

So take this time to set some goals for yourself and talk to your instructor about opportunities, whether it be a demo, competition or both.

**YOU CAN DO IT !!!!**

*Aric Wiseman demonstrates Chain Whip at Desert Dragon 2007 in Albuquerque, NM.*



Volume 3, Issue 1, Winter 2007

### Future Seminars

Feb 17-18th World Tai Chi Instructors workshop, taught by Master Peter Hill in Phoenix, Arizona.

Registration is \$299.00.

Call: 480-329-7294 for Details or email us: jempeh@cox.net .

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Event Schedule

January 2007

Jan. 1st: New Year's Day - No class

Jan. 12-14th: Desert Dragon 2007 International Martial Arts Championships, Albuquerque NM

Jan. 15th: Martin Luther King Holiday - No Class

February 2007

Feb. 10th: Lunar New Year Taiji Competition - 11AM 2028 N. 16th St (WMAA main school)

Feb. 16th-18th: Asian Culture Week, Day long entertainment, COFCO center.

Feb. 17th: Senior Olympics Taiji Competition - 11AM N. Phoenix Baptist Church,  
Sport Commissioner - Kenny Perez (623) 332-8632

Feb. 17th-18th: World Taichi Instructors Workshop, 9AM - 4PM, 2028 N. 16th St (WMAA main school)  
No class

Feb. 19th: President's Day - No Class.

March 2007

Mar. 24th: 15th Annual UC Berkeley Chinese Martial Arts Tournament, Berkeley CA.

Dào Dé Jīng  
道德经

The Way and Its Power:  
Dao Section, Chpt. 6

Gǔ Shén Bù Sǐ  
谷神不死

Shì Wèi Xuán Pīn  
是谓玄牝。

Xuán Pīn Zhī Mén  
玄牝之门

Shì Wèi Tiān Dì Gēn  
是谓天地根。

Mián Mián Ruò Cún  
绵绵若存，

Yòng Zhī Bù Qín  
用之不勤。

The Valley Spirit never dies.

It is named the Mysterious Female.

And the doorway of the Mysterious Female

Is the base from which Heaven and Earth sprang.

It is there within us all the while;

Draw upon it as you will, it never runs dry.

Waley